NISD Aquatics Center Lifeguarding (C)



Lifeguard Certification

Camp Start Date: May 9, 2022 Start Time: 7:00:00 PM

Camp End Date: May 22, 2022 **End Time:** 4:00:00 PM

Venue Name: Northwest ISD Aquatic Center

Venue Address: 1976 Texan Drive, Justin, TX 76247

Camp Cost: \$250.00

Questions: Heather Swanberg HSwanberg@nisdtx.org (817) 215 - 0272

Special Notes:

Age: Must be at least 15 years old Class Schedule: May 9th: 7 PM – 8:30 PM Complete Prerequisites* May 20th: 5 PM - 9 PM May 21st: 7 AM - 5 PM May 22nd: 1 PM – 4 PM Candidates will need to register for the course on Rank One. After the prerequisite session candidates will receive a link to complete the online course work. All online work must be completed by 5 PM on May 20th. We must have 4 qualified candidates to hold a class and it will be capped at 10 qualified participants. If our minimum is not reached on May 9th the class will be cancelled. If we have reached our max, order of registration will be referenced. *Prerequisites: 300 yard continuous swim on front 2 minutes of treading water without hands Complete the following in under 1:40 • Swim 20 yards • Perform a surface dive to a depth of 7-10 ft • Retrieve a 10 lb object from the bottom • Return the object to the side of the pool and exit without the use of a ladder